



Our ElderHouse Staff

Lucia Riviuccio, LCSW
Interim Executive Director

Wendy Bolton, LMSW
Director of Client Services

Mary Beth Hogan
Director of Operations
and Marketing

Donna Madalon, RN
Staff Nurse

Kathy Fitzgerald
Therapeutic Activities
Coordinator

Dani Abraham
Certified Nursing Assistant

Minerve Jeunes
Certified Nursing Assistant

Gladys Panjon
Program Aide

Elsie Simon
Nutrition Aide

Jane Nolan, RN
Part-Time Staff Nurse

Gary Dunn
Lead Driver

Paul Zislis
Driver

Esther Abramov
Off-site Outreach Coordinator

ElderHouse Welcomes Lucia Riviuccio



Lucia Riviuccio, LCSW has joined the ElderHouse staff as Interim Executive Director, providing leadership and support during this important transition period. In this role, Lucia will work closely with the Board of Directors, staff, participants, families, and community partners to ensure continuity of programs and services while advancing ElderHouse's mission. Lucia brings a thoughtful, collaborative approach and a strong commitment to serving older adults and their families. Her leadership will help guide ElderHouse's day-to-day operations, support the staff team, and maintain the high-quality care and community connection that families have come to trust. Please join us in welcoming Lucia to ElderHouse and thanking her for stepping into this important role.

It's All Fun and Games at ElderHouse!

At ElderHouse, engaging activities are so much more than fun for older adults and people living with dementia. Recreational games offer meaningful opportunities to socialize while also supporting brain health, physical movement, and emotional well-being.

Whether it's bingo, dominoes, trivia, chair volleyball, Jenga, jigsaw puzzles, or even axe throwing, games encourage recall, problem-solving, social connection, laughter, and a sense of accomplishment. They remind us that we're never too old to play, learn, and connect. Sometimes the greatest therapy doesn't feel like therapy at all—it feels like having fun together.



Chair Yoga For Older Adults

ElderHouse is fortunate to have Preeti Nema, our dedicated chair yoga instructor, leading two sessions each week at our adult day center. Through gentle, low-impact movement that is easy on the joints, participants build flexibility, reduce stress, and enjoy a calming opportunity to relax. These sessions also help promote a brighter mood and support overall quality of life.



Special Events and Birthdays at ElderHouse

Chair Exercise with Phil LiCastrì is offered every Thursday.
Chair Yoga with Preeti Nema is offered every Wednesday and Friday.
Greens Farms Academy Students will return in the fall.

- 8/3 Live Music with Steven K.
- 8/11 Pet Therapy with Chloe
- 8/18 Live Music with Vincent
- 8/25 Pet Therapy with Chloe



- 8/18 Edwin M.
- 8/24 Tatiana R.
- 8/19 Rosse Mary G.



ElderHouse Adult Day Center

Monday - Friday 8:30am - 3:30pm

7 Lewis Street | Norwalk, CT 06851 | P: 203-847-1998 | elderhouse.org

ELDERHOUSE
ADULT DAY CENTER
A Certified Social and Medical Adult Day Center
7 Lewis Street
Norwalk, CT 06851
P: 203-847-1998

Borrow Medical Equipment at No Cost

Wheel It Forward is a new kind of community library lending out durable medical equipment at no cost (make an optional donation if you can)

- Wheelchairs
- Knee Scooters
- Canes
- Shower Chairs
- Toilet Riser Seats
- Commodes
- Rolling Walkers
- Crutches
- Rollators
- Ice Machines
- Hospital Beds
- + More

It's easy and quick to **BORROW** or **DONATE**
Contact us at:

Directions

Learn More

Stamford Branch
48 Union St, Stamford

Bridgeport-Stratford Branch
55 Lupes Dr, Stratford

Newtown Branch
12 Commerce Rd, Newtown

North Haven - QU Branch
370 Bassett Rd Bldg 4 North Haven

Phone: 203-652-8600
Website: WheelItForwardUSA.org

ELDERHOUSE
ADULT DAY CENTER

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AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 NYT Spelling Bee 11:30 Recreational Games 1:00 Live Music with Steve K. 2:00 Nat'l Watermelon Day Snack 2:15 Jingo-Bingo 3:00 Family Feud	4 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Anagrams 11:30 Recreational Games 1:00 Abstract Painting 2:00 Jingo-Bingo 3:00 The Price is Right	5 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Music Trivia 11:30 Recreational Games 1:00 Chair Yoga with Preeti 2:00 Jingo-Bingo 3:00 Gratitude Discussion	6 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Word Scramble 11:30 Recreational Games 1:00 Chair Exercise with Phil 1:30 Nat'l Rootbeer Float Day 2:00 Jingo-Bingo 3:00 Name That Tune	7 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Cognitive Games 11:30 Recreational Games 1:00 Chair Yoga with Preeti 2:00 Jingo Bingo 3:00 Music Trivia
10 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Brain Teasers 11:30 Recreational Games 1:00 Word Game 2:00 Jingo-Bingo 3:00 The Price is Right	11 Nat'l Sons & Daughters Day 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Cognitive Games 11:00 Pet Therapy with Chloe 11:30 Recreational Games 1:00 Birthday Card Craft 2:00 Sons and Daughters Stories 3:00 Funny Cat Videos	12 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Trivia 11:30 Recreational Games 1:00 Chair Yoga with Preeti 2:00 Jingo-Bingo 3:00 Family Feud	13 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Anagrams 11:30 Recreational Games 1:00 Chair Exercise with Phil 2:00 Jingo-Bingo 3:00 X-Box Favorites	14 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 NYT Spelling Bee 11:30 Recreational Games 1:00 Chair Yoga with Preeti 2:00 Nat'l Creamsicle Day Snack 2:00 Jingo Bingo 3:00 Hobbies Discussion
17 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 NYT Spelling Bee 11:30 Recreational Games 1:00 Palm Tree Craft 2:00 Jingo-Bingo 3:00 Video Travelogue	18 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Cognitive Games 11:30 Recreational Games 1:00 Live Music with Vincent 2:00 Jingo-Bingo 3:00 The Price is Right	19 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Anagrams 11:30 Recreational Games 1:00 Chair Yoga with Preeti 2:00 Jingo-Bingo 3:00 Steve Harvey Talented Kids	20 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Brain Teasers 11:30 Recreational Games 1:00 Chair Exercise with Phil 2:00 Jingo-Bingo 3:00 X-Box Favorites	21 Nat'l Senior Citizens Day 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 NYT Spelling Bee 11:30 Recreational Games 1:00 Chair Yoga with Preeti 2:00 Jingo-Bingo 3:00 Elvis Trivia
24 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Trivia 11:30 Recreational Games 1:00 Ocean and Sand Painting 2:00 Jingo-Bingo 3:00 Family Feud	25 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Brain Teasers 11:00 Pet Therapy with Chloe 11:30 Recreational Games 1:00 Sunscape Painting 2:00 Jingo-Bingo/Banana Split Day 3:00 X-Box Favorites	26 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Crossword Puzzles 11:30 Recreational Games 1:00 Chair Yoga with Preeti 2:00 Jingo-Bingo 3:00 Video Travelogue	27 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Cognitive Games 11:30 Recreational Games 1:00 Chair Exercise with Phil 2:00 Jingo-Bingo 3:00 Jeopardy	28 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Active Minds 11:30 Recreational Games 1:00 Chair Yoga with Preeti 2:00 Jingo-Bingo 3:00 Funny Animal Videos
31 8:30 Coffee and Table Talk 9:00 Adult Coloring / Word Games 9:30 Daily Chronicles 10:00 Chair Exercise 10:30 Active Minds 11:30 Recreational Games 1:00 Summertime Storytelling 2:00 Jingo-Bingo 3:00 Funny Baby Videos				

OUR MEAL PROGRAM



ElderHouse serves:
Coffee at 8:30am
Lunch at 12:00noon
Snack at 2:00pm



Scan QR Code for
Monthly Menu

Hydration is offered throughout the day