

JULY MENU – 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1		2		3	
ElderHouse serves: Coffee at 8:30am Lunch at 12:00noon Snack at 2:00pm Hydration is offered throughout the day				Chicken Thigh w/ Dijonnaise Sauce Garlic Whipped Potatoes Mixed Vegetables WG Dinner Roll Peaches Milk Margarine	1 ea 1/2 c 1/2 c 2 ea 1/2 c 8 oz 1 tsp	Turkey Primavera Penne Pasta Spinach WG Wheat Bread Fudge Crème Cookie Assorted Fruit Juice Milk Margarine	3/4 c 1/2 c 1/2 c 1 slc 1 ea 4 oz 8 oz 1 tsp	ELDERHOUSE IS CLOSED FOR THE JULY 4TH WEEKEND	
6		7		8		9		10	
Hamburger Patty American Cheese Crinkle Cut Fries Green Beans WG Kaiser Bun Seasonal Fruit Milk Ketchup	1 ea 1 slc 1/2 c 1/2 c 1 ea 1 ea 8 oz 1 ea	Szechuan Style Chicken Breast Brown Rice Broccoli Wheat Bread Oatmeal Cookie Assorted Fruit Juice Milk Margarine	1 ea 1/2 c 1/2 c 1 slc 1 ea 4 oz 8 oz 1 ea	WG Beef Spaghetti Casserole Green Peas Cauliflower Wheat Bread Seasonal Fruit Milk Margarine	3/4 c 1/2 c 1/2 c 2 slc 1/2 c 1 ea 8 oz 1 ea	Potato Soup Garlic Mustard Pork Lion Mixed Vegetables Wheat Bread Mandarin Oranges Milk Margarine Saltine Crackers	6 oz 3 oz 1/2 c 2 slc 1/2 c 8 oz 1 ea 1 pkt	BBQ Chicken Leg Quarter WG Macaroni & Cheese Sauteed Mixed Greens WG Dinner Roll Applesauce Milk Margarine	1 ea 1/2 c 1/2 c 1 slc 1/2 c 8 oz 1 ea
13		14		15		16		17	
Potato Crusted Pollock Lemon Orzo Capri Vegetables Wheat Bread Pineapple Tidbits Milk Margarine Tartar Sauce	1 ea 1/2 c 1/2 c 1 slc 1/2 c 8 oz 1 ea 1 ea	BBQ Glazed Pork Rib Patty Ranch Beans Corn O'Brien WG Hamburger Bun Seasonal Fruit Milk	1 ea 1/2 c 1/2 c 1 ea 1 ea 8 oz	Corn Chowder Chicken Fajitas Cilantro Lime Brown Rice Flour Tortilla Mixed Fruit Milk Sour Cream Saltine Crackers	6 oz 1/2 c 1/2 c 1 ea 1/2 c 8 oz 1 ea 1 pkt	Salisbury Steak w/Br Gravy Whipped Potatoes Brussels Sprouts Wheat Bread Chocolate Chip Cookie Assorted Fruit Juice Milk Margarine	1 ea 1/2 c 1/2 c 2 slc 1 ea 4 oz 8 oz 1 ea	Stuffed Shells w/ Alfredo Sauce Lima Beans Ratatouille Vegetables Wheat Bread Seasonal Fruit Milk Margarine	2 ea 1/2 c 1/2 c 1 slc 1 ea 8 oz 1 ea
20		21		22		23		24	
Honey Peppercorn Chicken Breast Mashed Yams Lima Beans Wheat Bread Seasonal Fruit Milk Margarine	1 ea 1/2 c 1/2 c 2 slc 1 ea 8 oz 1 ea	WG Macaroni & Cheese Baked Beans Collard Greens WG Cornbread Muffin Diced Pears Milk Margarine	1 c 1/2 c 1/2 c 1 ea 1/2 c 8 oz 1 ea	Hamburger Patty w/ Swiss Cheese Oven Roasted Potatoes Mixed Vegetables WG Kaiser Bun Seasonal Fruit Milk Ketchup	1 ea 1 slc 1/2 c 1/2 c 1 ea 1 ea 8 oz 1 ea	Cream of Broccoli Soup Creamy Sun-Dried Tomato Chicken Thigh WG Penne Pasta Wheat Bread Diced Peaches Milk Margarine Saltine Crackers	6 oz 1 ea 1/2 c 1 slc 1/2 c 8 oz 1 ea 1 pkt	Orange Glazed Pork Loin Vegetable Lo Mein Green Beans Wheat Bread Fudge Brownie Assorted Fruit Juice Milk Margarine	3 oz 1/2 c 1/2 c 2 slc 1 ea 4 oz 8 oz 1 ea
27		28		29		30		31	
Cheese Ravioli w/Tomato Basil Sauce Green Peas Cauliflower Wheat Bread Applesauce Milk Margarine	12 ea 1/2 c 1/2 c 2 slc 1/2 c 8 oz 1 ea	Beef Chili Corn Carrots WG Cornbread Muffin Mixed Fruit Milk Margarine	3/4 c 1/2 c 1/2 c 2 ea 1/2 c 8 oz 1 ea	Enchilada Chicken Breast Brown Rice Fiesta Vegetables Flour Tortilla Tropical Fruit Milk Margarine	1 ea 1/2 c 1/2 c 1 slc 1 ea 8 oz 1 ea	Bourbon Pork Cheesy Potatoes Sauteed Mixed Greens Wheat Bread Vanilla Pudding Assorted Fruit Juice Milk Margarine	3 oz 1/2 c 1/2 c 2 slc 1/2 c 4 oz 8 oz 1 ea	Vegetable Soup Chicken Parmesan WG Rotini Pasta Italian Bread Seasonal Fruit Milk Margarine Saltine Crackers	6 oz 1 ea 1/2 c 1 slc 1 ea 8 oz 1 ea 1 pkt