



Our ElderHouse Staff

Julia Schwartz-Leeper, LMSW
Executive Director

Wendy Bolton, LMSW
Director of Client Services

Mary Beth Hogan
Director of Operations
and Marketing

Donna Madalon, RN
Staff Nurse

Kathy Fitzgerald
Therapeutic Activities
Coordinator

Jennifer Hough
Administrative Bookkeeper

Dani Abraham
Certified Nursing Assistant

Gladys Panjon
Program Aide

Elsie Simon
Nutrition Aide

Jane Nolan, RN
Part-Time Staff Nurse

Gary Dunn
Lead Driver

Paul Zislis
Driver

Esther Abramov
Off-site Outreach Coordinator

What a Night at the Aquarium!

ElderHouse held its benefit event in April - an unforgettable evening of community celebration and fundraising! We were proud to honor three extraordinary community partners, whose generosity and commitment have made a lasting impact: The Bauer Foundation (accepted on their behalf by Diane Allison), Jill Robey of Flower Again, and Philip LiCastrì of Philonetics, LLC,

Charlie Carroll, ElderHouse Board President, introduced Julia Schwartz-Leeper, Executive Director of ElderHouse, and welcomed our guests. Julia highlighted the important role of our community partners and thanked our generous sponsors, whose continued support helps ElderHouse fulfill our mission to enhance the quality of life for our clients and their families. We are truly grateful!

Community leaders, business sponsors, and supporters heard an inspiring speech from a former caregiver who spoke about navigating care for her mother, how dementia affects the entire family, and how finding ElderHouse gave her mother access to the activities and socialization she needed.



Former Mayor Harry Rilling, emcee for the evening, led a paddle raise and live auction to support the services ElderHouse provides to older adults and their family caregivers, as well as an outdoor beautification project.

ElderHouse greatly appreciates the support of our older adult community and their families!

Additional photos are posted on our Facebook page.

3D Abstract Art Group Project

Thank you to our community partner, Ring's End, who generously donated the materials needed for our 3D abstract group project. Participants painted pieces of wood in bright colors, which were then affixed to a wooden background. Two pieces of art were created: one now hangs on the wall at ElderHouse, and the other was auctioned at our benefit event, going to the highest bidder for \$400!



P: 203-847-1998
Norwalk, CT 06851
7 Lewis Street
ElderHouse Adult Day Center
A Certified Social and Medical Adult Day Center

ELDERHOUSE
ADULT DAY CENTER

Special Events and Birthdays at ElderHouse

Chair Exercise with Phil LiCastrì is offered every Thursday.
Chair Yoga with Preeti is offered every Wednesday and Friday.
Greens Farms Academy Students visit throughout the week.

- 5/4 Live Music with Steven K.
- 5/5 Garden Club of Darien
- 5/5 Cinco de Mayo Celebration
- 5/13 Live Music with Steve A.
- 5/15 Nat'l Pizza Day Party
- 5/18 Live Music with Steven K.
- 5/19 Pet Therapy with Chloe
- 5/26 Live Music with Gabby
- 5/27 Live Music with Paul



5/15 PeeWee L.



May is Older Americans Month



Every May, the Administration for Community Living (ACL) leads the nation's observance of Older Americans Month, a time to recognize older Americans' contributions, highlight aging trends, and reaffirm our commitment to serving older adults. The 2026 theme, Champion Your Health, focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages taking an active role in managing your own health, advocating for yourself, accessing preventive care, and making informed decisions that support independence.



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



OLDER AMERICANS MONTH

CHAMPION YOUR HEALTH: MAY 2026



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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Word Scramble
11:30 Recreational Games
1:00 Chair Yoga with Preeti
2:00 Jingo-Bingo
3:00 X-Box Favorites

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Brain Games
11:30 Recreational Games
1:00 Live Music with Steven K.
2:00 Jingo-Bingo
3:00 The Price is Right

5 Cinco de Mayo

8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Garden Club of Darien
10:00 Chair Exercise
10:30 Cognitive Games
11:30 Recreational Games
1:00 Mother's Day Craft
2:00 Cinco de Mayo Celebration
3:00 Funny Cat Videos

6 National Nurse's Day

8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Trivia
11:30 Recreational Games
1:00 Chair Yoga with Preeti
2:00 Jingo-Bingo
3:00 Family Feud

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Anagrams
11:30 Recreational Games
1:00 Chair Exercise with Phil
2:00 Jingo-Bingo
3:00 X-Box Favorites

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Greens Farms Academy
10:00 Chair Exercise
10:30 NYT Spelling Bee
11:30 Recreational Games
1:00 Chair Yoga with Preeti
2:00 Jingo-Bingo
3:00 Hobbies Discussion

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Mother's Day Discussion
11:30 Recreational Games
1:00 Chair Yoga with Preeti
2:00 Jingo-Bingo
3:00 Travelogue

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Cognitive Games
11:30 Therapeutic Group Discussion
11:30 Recreational Games
1:00 Flower Watercolor Painting
2:00 Jingo-Bingo
3:00 The Price Is Right

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Anagrams
11:30 Recreational Games
1:00 Live Music with Steve A.
2:00 Jingo-Bingo
3:00 Yo-Yo Monkey Video

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 NYT Spelling Bee
11:30 Recreational Games
1:00 Chair Exercise with Phil
2:00 Jingo-Bingo
3:00 X-Box Favorites

15 National Pizza Party Day

8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Greens Farms Academy
10:30 Chair Exercise
11:00 Pizza Making
11:30 Recreational Games
12:00 Pizza Party
1:00 Chair Yoga with Preeti
2:00 Jingo-Bingo
3:00 Funny Animal Videos

18 International Museum Day

8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Trivia
11:30 Therapeutic Group Discussion
11:30 Recreational Games
1:00 Live Music with Steve K.
2:00 Exploring Famous Museums
3:00 X-Box Favorites

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Brain Teasers
11:00 Pet Therapy with Chloe
11:30 Recreational Games
1:00 Wooden Tulip Craft
2:00 Jingo-Bingo
3:00 The Price Is Right

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8:30 Coffee and Table Talk
9:00 Greens Farms Academy
- Breakfast
10:00 Greens Farms Academy
- Planting Flowers
11:30 Recreational Games
1:00 Chair Yoga with Preeti
2:00 Jingo-Bingo
3:00 Family Feud

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Cognitive Games
11:30 Therapeutic Group Discussion
11:30 Recreational Games
1:00 Chair Exercise with Phil
2:00 Jingo-Bingo
3:00 Jeopardy

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Active Minds
11:30 Recreational Games
1:00 Chair Yoga with Preeti
2:00 Jingo-Bingo
3:00 Funny Horse Videos

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ELDERHOUSE IS CLOSED



26

8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 NYT Spelling Bee
11:30 Recreational Games
1:00 Live Music with Gabby
2:00 Jingo-Bingo
3:00 Funny Baby Videos

27 Nat'l Senior Health and Fitness Day

8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Brain Teasers
11:30 Recreational Games
1:00 Chair Yoga with Preeti
2:00 Live Music with Paul
3:00 Jeopardy

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Word Games
11:30 Recreational Games
1:00 Chair Exercise with Phil
2:00 Jingo-Bingo
3:00 Family Feud

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8:30 Coffee and Table Talk
9:00 Adult Coloring / Word Games
9:30 Daily Chronicles
10:00 Chair Exercise
10:30 Anagrams
11:30 Recreational Games
1:00 Chair Yoga with Preeti
2:00 Jingo-Bingo
3:00 X-Box Favorites

OUR MEAL PROGRAM



ElderHouse serves:
Coffee at 8:30am
Lunch at 12:00noon
Snack at 2:00pm



Scan QR Code for Monthly Menu

Hydration is offered throughout the day