

# MARCH MENU - 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>	
Chicken Piccata	1 ea	Swiss Steak	1 ea	WG Chicken Tenders	3 ea	Beef Taco Meat	4 oz	Cheese Baked Ziti	1 c
Rosemary Roasted Potato	1/2 c	Red-Skin Whipped Potatoes	1/2 c	Ranch Beans	1/2 c	WG Brown Spanish Rice	1/2 c	Tuscany Vegetables	1/2 c
Brussels Sprouts	1/2 c	Potatoes	6 oz	Corn O'Brien	1/2 c	Fajita Vegetables	1/2 c	Sauteed Spinach	1/2 c
WG Wheat Bread	2 slc	Cream of Broccoli Soup	2 slc	WG Dinner Roll	1 ea	Flour Tortilla	1 ea	WG Wheat Bread	1 slc
Mandarin Oranges	1/2 c	WG Wheat Bread	1/2 c	Oatmeal Crème Cookie	1 ea	Fresh Seasonal Fruit	1 ea	Mixed Fruit	1/2 c
Margarine	8 oz	Diced Peaches	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz
	1 ea	Margarine	1 ea	Milk	8 oz	Taco Sauce	1 ea	Margarine	1 ea
				Ketchup	1 ea	Sour Cream	1 ea		
<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>	
Beef Jardiniere	1 ea	Herbed Chicken Leg Qtr	1 ea	BBQ Pork Riblet	1 ea	Turkey Breast w/ Gravy	3 oz	Ravioli w/ Pesto	12 ea
Whipped Potatoes	1/2 c	WG Confetti Brown Rice	1/2 c	Hawaiian Baked Beans	1/2 c	Whipped Yams	1/2 c	Cream Sauce	
Sauteed Cabbage w/ Carrots	1/2 c	Northern Bean Soup	6 oz	Broccoli	1/2 c	Corn	1/2 c	Herbed Green Peas	1/2 c
WG Wheat Bread	2 slc	WG Wheat Bread	1 slc	WG Hamburger Bun	1 ea	WG Biscuit	2 ea	Carrots	1/2 c
Diced Peaches	1/2 c	Diced Pears	1/2 c	Fresh Seasonal Fruit	1 ea	Mixed Fruit	1/2 c	WG Wheat Bread	1 slc
Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz	Chocolate Fudge Brownie	1 ea
Margarine	1 ea	Margarine	1 ea			Margarine	1 ea	Assorted Fruit Juice	4 oz
								Milk	8 oz
								Margarine	1 ea
<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>	
Beef / Chicken Meatballs w/ Marinara Sauce	7 ea	Sweet & Sour Breaded Chicken	12 ea	BBQ Pulled Pork	3 oz	Chicken Cacciatore	1 ea	Stuffed Shells w/ Alfredo Sauce	3 ea
Bowtie Noodles	1/2 c	WG Confetti Brown Rice	1/2 c	Delmonico Potatoes	1/2 c	WG Brown Rice Pilaf	1/2 c	Green Peas	1/2 c
Green Beans	1/2 c	Broccoli	1/2 c	Collard Greens	1/2 c	Lima Beans	1/2 c	Carrots	1/2 c
WG Dinner Roll	1 ea	WG Wheat Bread	1 slc	WG Hamburger Bun	1 ea	WG Wheat Bread	1 slc	WG Wheat Bread	1 slc
Fresh Seasonal Fruit	1 ea	Pineapple Tidbits	1/2 c	Lorna Doone Cookies	1 pkt	Tropical Fruit	1/2 c	Applesauce	1/2 c
Milk	8 oz	Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz
Margarine	1 ea	Margarine	1 ea	Milk	8 oz	Margarine	1 ea	Margarine	1 ea
<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>	
Chicken Parmesan	1 ea	Honey Ginger Pork	3 oz	Philly Cheese Steak	1 ea	Chicken Fajitas Cilantro	1/2 c	WG Potato Crusted Pollock	1 ea
WG Garlic Rotini Italian	1/2 c	Brown Rice	1/2 c	Crinkle Cut Fries	1/2 c	Lime Rice Fiesta	1/2 c	Garlic Whipped Potatoes	1/2 c
Vegetables	1/2 c	Broccoli	1/2 c	California Veg. Soup	6 oz	Vegetables	1/2 c	Green Peas	1/2 c
WG Wheat Bread	1 slc	WG Wheat Bread	1 slc	WG Hot Dog Bun	1 ea	WG Flour Tortilla	1 ea	WG Dinner Roll	1 ea
Pineapple Tidbits	1/2 c	Fudge Crème Cookie	1 ea	Diced Peaches	1/2 c	Fresh Seasonal Fruit	1 ea	Diced Pears	1/2 c
Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
Margarine	1 ea	Milk	8 oz	Ketchup	1 ea	Taco Sauce	1 ea	Margarine	1 ea
		Margarine	1 ea			Sour Cream	1 ea	Tartar Sauce	1 ea
<b>30</b>		<b>31</b>							
Chicken Stir Fry	3/4 c	Hamburger Patty	1 ea					ElderHouse serves: Coffee at 8:30am Lunch at 12:00noon Snack at 2:00pm Hydration is offered throughout the day.	
WG Confetti Brown Rice	1/2 c	American Cheese	1 slc						
Carrots	1/2 c	Crinkle Cut Fries	1/2 c						
WG Wheat Bread	1 slc	Broccoli	1/2 c						
Butterscotch Pudding	1/2 c	WG Hamburger Bun	1 ea						
Assorted Fruit Juice	4 oz	Fresh Seasonal Fruit	1 ea						
Milk	8 oz	Milk	8 oz						
Margarine	1 ea	Ketchup	1 ea						