

APRIL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Beef/Chicken Meatballs w/Tomato Sauce (0.5 oz) 7 ea Bowtie Noodles 1/2 c Green Peas 1/2 c Wheat Bread 1 slc Fresh Seasonal Fruit 1 ea Milk 8 oz Margarine 1 ea	Chicken Stir Fry 3/4 c Brown Rice Carrots 1/2 c Dinner Roll 1 ea Chocolate Pudding 1/2 c Assorted Fruit Juice 4 oz Milk 8 oz Margarine 1 ea	Cream of Broccoli Soup 6 oz Hamburger Patty 1 ea American Cheese 1 slc Crinkle Cut Fries 1/2 c Whole Grain Hamburger Bun 1 ea Fresh Seasonal Fruit 1 ea Milk 8 oz Ketchup 1 ea Saltine Crackers 1 pkt	Macaroni and Cheese 1 c Baked Pinto Beans 1/2 c Mixed Greens 1/2 c Wheat Bread 2 slc Mandarin Oranges 1/2 c Milk 8 oz Margarine 1 ea
7	8	9	10	11
Stuffed Shells w/Tomato Basil Sauce 3 ea Green Peas 1/2 c Tuscany Vegetables 1 slc WG Dinner Roll 1 ea Fresh Fruit Milk 8 oz Margarine 1 tsp	Roasted Qtr Chicken Leg 1 ea Scalloped Potatoes 1/2 c Sautéed Mixed Greens 1/2 c Wheat Bread 1 slc Applesauce 1/2 c Milk 8 oz Margarine 1 tsp	Korean BBQ Pork 3 oz Brown Rice Pilaf 1/2 c Cream of Broccoli Soup 6 oz Dinner Roll 1 ea Oatmeal Cookie 1 ea Assorted Fruit Juice 4 oz Milk 8 oz Margarine 1 tsp Saltine Crackers 1 pkt	Beef/Chicken Meatballs w/Steakhouse Sauce 7 ea Bow Tie Pasta Cabbage 1/2 c Wheat Bread 1 slc Pineapple Tidbits 1/2 c Milk 8 oz Margarine 1 tsp	Potato Crusted Pollock 1 ea Crinkle Cut Fries 1/2 c Green Beans 1/2 c WG Hamburger Bun 1 ea Mandarin oranges 1/2 c Milk 8 oz Margarine 1 tsp Tartar Sauce 1 ea
14	15	16	17	18
Swiss Steak w/Gravy 3 oz Confetti Brown Rice 1/2 c Mixed Vegetables 1/2 c WG Dinner Roll 1 ea Diced Peaches 1/2 c Milk 8 oz Margarine 1 tsp	Maple Mustard Pork 3 oz Baked Sweet Potato 1/2 c Zucchini 1/2 c Wheat Bread 2 slc Applesauce 1/2 c Milk 8 oz Margarine 1 tsp	Lemon Chicken Thigh 3 oz Scarpariello 1/2 c Garlic Parmesan Orzo 1/2 c Spring Vegetables 1 slc Wheat Bread 1 ea Fresh Fruit Milk 8 oz Margarine 1 tsp	Hamburger Patty 1 ea Swiss Cheese 1 slc Vegetable Orzo Soup 6 oz Carrots 1/2 c WG Hamburger Bun 1 ea Fudge Crème Cookie 1 ea Assorted Fruit Juice 4 oz Milk 8 oz Ketchup 1 pkt Saltine Crackers 1 pkt	Macaroni & Cheese 1 c Ranch Beans 1/2 c Sautéed Mixed Greens 1/2 c Cornbread Muffin 1 ea Diced Pears 1/2 c Milk 8 oz Margarine 1 tsp
21	22	23	24	25
BBQ Pork Rib Patty 1 ea Corn O'Brien 1/2 c Green Beans 1/2 c WG Hamburger Bun 1 ea Fresh Fruit Milk 1 ea Margarine 8 oz 1 tsp	Beef Stir-Fry 3/4 c Brown Rice 1/2 c Broccoli 1/2 c Wheat Bread 1 slc Mandarin Oranges 1/2 c Milk 8 oz Margarine 1 tsp	Chicken Thigh Cordon Bleu 3 oz Garlic Whipped Potatoes 1/2 c Mixed Vegetables 1/2 c WG Dinner Roll 2 ea Mixed Fruit 1/2 c Milk 8 oz Margarine 1 tsp	Turkey Primavera 3/4 c Penne Pasta 1/2 c Cream of Tomato Soup 6 oz Spinach 1/2 c Wheat Bread 1 slc Oatmeal Crème Cookie 1 ea Assorted Fruit Juice 4 oz Milk 8 oz Margarine 1 tsp Saltine Crackers 1 pkt	Taco Meat 3 oz Spanish Rice 1/2 c Fiesta Vegetables 1/2 c WG Tortilla 1 ea Diced Peaches 1/2 c Milk 8 oz Sour Cream 1 ea
28	29	30		
Sweet & Sour 7 ea Beef/Chicken Meatballs 1 ea Brown Confetti Rice 1/2 c Broccoli 1/2 c Wheat Bread 1 slc Diced Pears 1/2 c Milk 8 oz Margarine 1 tsp	Chicken Parmesan 3 oz Penne Pasta 1/2 c Zucchini 1/2 c WG Dinner Roll 1 slc Chocolate Fudge Brownie 1 ea Assorted Juice 4 oz Milk 8 oz Margarine 1 tsp	Turkey Sloppy Joe 3 oz Potato Tots 1/2 c Cabbage 1/2 c WG Hamburger Bun 1 ea Fresh Fruit 1 ea Milk 8 oz Ketchup 1 ea		ElderHouse serves: Coffee at 8:30am Lunch at 12:00noon Snack at 2:00pm Hydration is offered throughout the day.