

A Certified Social and Medical Adult Day Center



Improving the lives of older adults and their families

Providing quality adult daycare and support to those in need

For over 45 years, ElderHouse Adult Day Center, an accredited not-for-profit organization located in Fairfield County, has remained proudly committed to supporting older adults and their family caregivers. Through our adult day program, ElderHouse offers opportunities for social engagement, enjoyable activities, memory care, nursing supervision, and personal attention at an affordable all-inclusive rate. Families benefit from reliable, high-quality care for their loved ones with regularly scheduled days off from their caregiving duties; and the peace of mind knowing their loved ones are remaining active in a safe compassionate setting.

Our Adult Day Center Program

As the older population increases, ElderHouse continues to serve frail older adults with age-related disabilities and health conditions like Alzheimer's and Parkinson's disease. Seniors spend the day at ElderHouse, while caregivers receive much needed respite and support.







Our Services



Memory Care Enhancing Cognitive Thinking Individualized Engagement



Nurse Monitoring Careful Screening and **Early Detection**



Recreation Therapy Active Social Engagement Art and Leisure Activities



Caregiver Support Weekday Respite Group / Individual Counseling



Meals **Nutritious Lunch Dietary Monitoring**



Transportation Door-to-Door Service Walking/Passenger Assistance

For more information, call (203) 847-1998 or visit elderhouse.org



ElderHouse Adult Day Center

7 Lewis Street Norwalk, CT 06851

The only not-for-profit certified adult day center providing service in Darien, New Canaan, Norwalk, Stamford, Weston, Westport and Wilton.



